



BEE LINE SAFETY TIP!

Summer Weather Safety



As we transition into the summer months, keep yourself safe with these tips.

- Ensure to stay hydrated by drinking water every 15 minutes (at least a pint of water every hour)
- If you are working outside, resting in shade will help you cool down faster
- Know the signs of heat exhaustion: headache, dizziness, nausea

Heat and humidity are a serious safety threat during the summer months, stay hydrated and take all the necessary precautions to keep yourself safe.

SAFETY FIRST!

Report all safety hazards to your Manager right away!